



## Spinning Studio Timetable 2017

Starting Monday 11<sup>th</sup> September

Day	Time	Class	
			PAYG
<b>Monday</b>			
	1:00pm – 1:40pm	Spin & Pump <b>(NEW)</b>	£5
	6:00pm - 6:45pm	Spin	£5
<b>Wednesday</b>			
	9:30am-10:00am	Morning Spin	£5
	6:30pm-7:15pm	Spin	£5
<b>Thursday</b>			
	6:00pm – 6:45pm	Spin	£5
<b>Friday</b>			
	6:00pm-6:45pm	Spin	£5

All Classes are bookable on our Free Glofox app.